



Leicestershire Learning Disabilities Partnership Board Family Carers Sub Group

Facilitated by:



Are you a family carer of an adult who has a learning disability living in Leicestershire?

We know that family carers in general can be very busy people who have very little “me” time. Family carers of a person who has a learning disability have often had 18+ years of caring before the person they care for becomes an adult and requires adult services to support them. Once the person who has a learning disability becomes an adult we know that some carers can be caring for an additional 40+ years.

There have been many changes happening both locally and nationally over the last few years which have affected family carers and people who have a learning disability.

It is hard to become involved in a group when there are so many caring responsibilities. It can feel that there is very little time for anything else. But, one of the difficulties of not becoming involved is that it is easy to feel isolated and it can feel that things are happening to you, rather than with you.

Overleaf there are some details about our group. Even if you joined our group we cannot promise that we can stop some of the these things happening, but as a group it is easier to raise issues and concerns about what is affecting family carers and people who have a learning disability.

Unit 19, Matrix House, 7 Constitution Hill, Leicester LE1 1PL

T: 0116 251 0999 F: 0116 251 3514 E: enquiries@claspthecarerscentre.org.uk W: www.claspthecarerscentre.org.uk



Carers of Leicestershire Advocacy and Support Project
Registered Charity No: 1043956 • Company No: 2994093 • Patron: Cllr. Manjula Sood MBE
The Carers Centre is committed to being a quality led organisation providing advocacy, information and support to carers across Leicester, Leicestershire & Rutland.



Leicestershire Learning Disability Partnership Board Family Carers sub-group.

- We are all family carers of an adult who has a learning disability. The sub-group is part of the Leicestershire Learning Disabilities Partnership Board. The Family Carers group's role is to raise the awareness of issues affecting carers of adults and young people in transitions who have a learning disability to the Leicestershire Learning Disability Partnership Board and where appropriate, other relevant services.
- We normally meet on the first Monday of the month, although this occasionally has to change due to bank holidays or unforeseen circumstances.
- We arrange our meetings so that one month we have a business meeting where we can raise issues that affect family carers of adults or young people in transitions who have a learning disability in Leicestershire, and the following month we have speakers to update us on what is happening locally.
- We meet at Leicestershire County Council, County Hall, Glenfield from 10:00 am to 12:30 pm. If you go to reception they will tell you which room we will be in.
- If you would like to become involved please contact Gill on 0116 2510999 and she will be able to tell you when we will next be meeting and what we will be covering at the next meeting. Alternatively please complete the tear off below.

I would like to know more information about the Leicestershire Learning Disabilities Partnership Board Family Carers Sub-group.

Name:

Address:

Telephone number:

Email:

Please return to: Gill Huddleston,
Freeport RTLU-HHXR-YAJL
Carers Centre, Leicester. LE1 1PL.